

equal
arts

Improving older people's
lives through creativity



Trustees' Report and financial statements for the year ended March 31, 2022 for Northern Shape (trading as Equal Arts).

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Report of the trustees

The trustees, who are also directors for the purpose of company law, have pleasure in presenting their report and the financial statements of the charitable company for the year ended March 31, 2022.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102).



At Equal Arts we work to:



- Provide older people with creative opportunities to improve wellbeing and help reduce loneliness
- Champion creative ageing and its benefits to improve the quality of care provided to older people
- Create lasting change, developing community, age-friendly relationships and encouraging social inclusion
- Challenge negative attitudes towards ageing and dementia.

Vision:

A healthy and creative society which values older people.

Mission:

To build healthier communities by improving the lives of older people through creativity.

Hello from our chair, Anne Walton

For many people and organisations this has been a year of recovery, learning from the changes we've all had to make whilst getting back to the things we used to do and enjoy. Many of our projects have embodied these two themes whilst also looking forward to a future with a splash of renewed hope and optimism.

When I hear about and see the amazing work that artists have delivered, participants got involved with and that the organisations have made possible I'm just so delighted and impressed by everyone's fortitude and pleasure in being together, being creative and feeling better all round.

Particular highlights for me are some of the fantastic work that's happening every week in the groups at The Shipley Art Gallery as well as Crawcrook Library and the supported housing schemes at Wood Green and Angel

Court. Having that level of high quality consistently is a great achievement. And what happens creatively in dementia care homes is really important with fantastic things taking place at Harton Grange and the Care Home Choir doing amazing work in Gateshead. And we're still supporting our projects further afield with Parkfield House in London. Here residents are always busy with local heritage, photography, ceramics and more. Other partners such as The Willows and Lorenzo House are being supported by some incredibly talented London-based artists. I'm very appreciative of the support of our trustees, our staff and all of the freelance art-ists who really do make a remarkable difference to the lives of so many older people, as it is those people we are here to serve.



Creating connections through meaningful activities.

Building post Covid confidence with independent living older people lead to establishing a geographically focussed 5-days a week 'day service' for the first time in our history. Sessions on mornings or afternoons are delivered from Mondays to Fridays at culture and community venues across Gateshead.

The sessions are very well attended by both men and women who are 55+ attending Crawcrook Library, Wood Green Housing Scheme, The Shipley Art Gallery and Angel Court.



"I so enjoy these sessions: it's not just the creativity - that's wonderful escapism, the tutors are so imaginative supportive and amazing to do this by zoom - but the friendly company. I appreciate you all. It really is a highlight of my week, thank you." *Carers' Cultural Adventurers online participant*

Working with artists, participants have shared their ideas and embraced new creative challenges such as creating life-size ceramic busts, 3D wire sculptures, print works using a mobile print press as well as watercolour painting, dance and movement, poetry and horticulture. Among the successes is Creative Friends, who've transitioned into a buoyant, weekly group with 10 – 12 people attending regularly at The Shipley Gallery. Staff at the gallery and libraries have been very supportive of the projects and the needs of individuals.

During the pandemic we developed our online offer and were keen to continue supporting this

group of people unable to fully reconnect with their communities due to poor health or caring responsibilities. We've been providing a blended approach with people able to join online and in person for combined sessions led by professional artists and art packs posted out to ensure those at home can participate to the same level.

Each week three sessions are delivered online with additional phone support. They've become a great peer network for one another, regularly chatting online sharing ideas, interests and encourage one another.

The Care Home Choir Voices Project

This year our Care Home Choir, made up of 75 residents and care staff, and the Chorus of the Royal Northern Sinfonia have been collaborating to create new music together in preparation for their first public performance at Saltwell Park in July 2022. Influenced by and as a result of the pandemic, the choir have worked with musicians to create new songs with regular rehearsals in person and over Zoom.



"I've loved being a part of the choir, it's inspiring. The staff and residents that take part, we rehearse with nearby care homes, together before the pandemic and now online, and are like a team. For staff, the choir has been a fantastic opportunity. It has brought a lot of light to us." Ann Laidlier, activities coordinator and choir member

Listen to the choir's song 'A Little Kindness' here.

**Reigniting interest
in the region's
creative heritage
and collections**



With funding from The Art Fund we were able to deliver our Out and About with Thomas Bewick project. The

project explored the collections in The City Library, Great North Museum, Laing Art Gallery and Cherryburn with participants working on woodblock printing and other visual arts techniques to create their own designs and woodblocks inspired by Bewick.

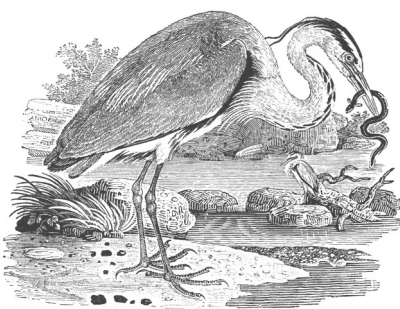
The project culminated in a residential visit to Grasmere for 12 participants, many who'd not been on holiday or a trip away for a number of years.



"I haven't been to the Lakes for years, I used to go all the time, it was a favourite place for years but then life interrupts you.

"This trip allowed us to learn and create together, we had a good laugh, we knitted together with a common interest. We learnt and heard new things about Bewick and the anticipation of what we would be doing next was nice to have. It really added to the project to be able to visit Grasmere and relate Thomas Bewick's work to the places he'd been.

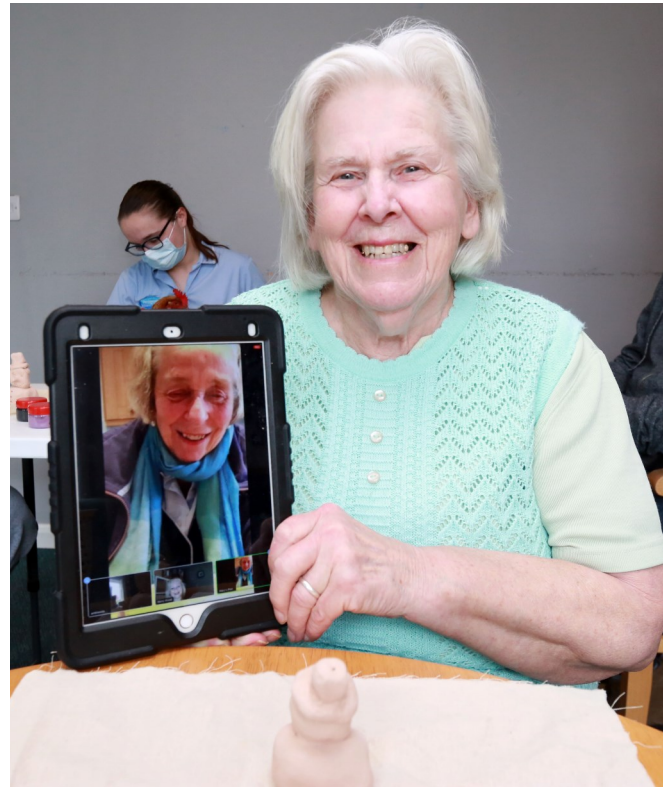
We were getting back to nature and doing and being somewhere completely different. The companionship and the teaching from different experts, we had that in abundance." *Valerie, a member of Carers' Cultural*



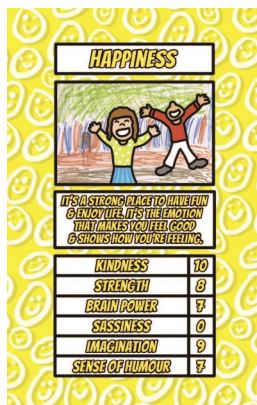
Let's Get Digital Together

The pandemic required us to respond to the changing needs of residential care home staff and care home residents which included offering activities online. Taking this forward, we've continued to grow our online offer which includes training for artists and culture sector staff as well as the practical activities of how to facilitate an online activity.

With staff confidence increased in using technology within their care settings, residents enjoyed weekly opportunities to connect with local schoolchildren, working together during creative workshops inspired by children's books and local heritage.



Together children from Dipton Colliery Primary School, relatives and residents living at Dipton Manor Care Home explored what goes into a healthy, happy life, creating their own card game with illustrators and animators.



[Click here to see their animations and read more about the project.](#)

At Ryton Federation Junior School, pupils and staff are celebrating after being awarded £10,000 to bring their sculptural heritage timeline to the community. Participants will produce sculptural way-markers representing significant points in the history of Ryton from The Iron Age to the present day.



After many months of restrictions care homes began taking the opportunity to use their gardens which also included the 'Covid Safe' activity of hen-keeping. Residents, staff and more latterly families and artists were able to spend time outdoors, looking after their hens and getting involved in a variety of creative projects. At Mandale House, residents worked with a sculptor to create their own bird boxes, tables and raised beds and with a textile artist to create an indoor 'bird hide' so they could

observe nature, identifying different birds nesting and the resulting fledglings.

While the Hensioners at Wood Green Sheltered Scheme in Gateshead teamed up with children from The Drive Primary School for their 'Knocky Nine Doors Down the Drive' project.

Together with artists and authors they explored childhood games, making weekly trips to the Year 1 classroom sharing stories about playing games both old and new.

"It's so nice to be able to be mixing again. For a long time, the children have had no visitors in school and the Hensioners have had to stay safe inside at home, so spending time together, in each other's company, learning new things and sharing old stories has been a proper tonic!" *Sheltered scheme officer Lynne Walker*



Report of trustees' (continued)



Over at the Mighty Oaks they've got their eye on summer Jubilee celebrations working with local primary schoolchildren and taking inspiration from the Queen's Knickers as they plan their dance and drama performance together with dance artists.



"Coming out of isolation and having such a positive focus like this was a real steppingstone for residents like ours. Nancy loves the needlework. She used to sew and really took a lead in the textile sessions. Dennis and Jim just love company. It really brings them to life.

"The anticipation of working with the children and the sense of occasion that developed in having the children come and perform in the garden was something special and really meant a lot to our residents." *Lisa, activities co-ordinator*

The Parkfield Peckers strengthened their relationships with children at Glebe School as they embarked on their Portrait of Parkfield project, delving into the hidden lives of residents and their 19th Century home in Hillingdon. There's been portrait work, visual arts, ceramics, story-telling, poetry and animation as the groups enjoyed cross-generational sessions via Zoom together with artists.

Based on residents' wonderful poems created with poet Daisy Barrett Nash, Year 6 pupils put together a short performance via Zoom before artist Eve Kennedy helped them bring their poems to life by animating their artwork.

"It's been heart-warming to see the pupils completely rise to the challenge and see how proud they were of themselves for doing something so positive and making a difference." *Year 6 teacher at Glebe School*



[Click here to watch their animation.](#)

Cross-sector partnerships to reach new audiences

Among the highlights this year has been our role and the relationships we've developed as part of the Sunderland Social Prescribing Partnership.

Since April 2021 we've been working with health and cultural sectors partners across the city with support from Sunderland GP Alliance.

Our work took place through creative cafes with workshops in textiles and sensory, singing, ceramics and dancing, in both community, care and cultural and leisure settings.

The project is set run until the Autumn of 2022.



"The class plays an important role in our wellbeing. For me I was recently diagnosed with thyroid problems, part of which is muscle aches, which are helped hugely by attending the classes." *Movement participant at Washington Leisure Centre.*

We're seeing encouraging growth in relationships with cultural venues and partnership working, embedding further our popular weekly workshops at **Hatton Gallery** in Newcastle, **Washington Leisure Centre** and **Shipley Art Gallery** in Gateshead twice a week.

Another highlight this year has been the performance of the Carers Cultural Adventures group at **Dance City** in Newcastle. Working with people online and face-to-face, dance artist supported group members to choreograph their own piece before showcasing it at the venue's annual Inspire Festival. It was fantastic to see the confidence of those in the group grow over the weeks to the point of being confident in their abilities to take to the stage.

"Sometimes it's good to be outside of your comfort zone, if only for as little time, then you can get back in!" *Tony, Carers' Cultural Adventures group*

Click **here** to watch a film about the Carers' dance project.

We've been approached by The Word, National Centre for the Written Word, in South Shields to develop and curate a three-month exhibition with the priority of using the space as a community zone where people can spend time taking part in creative activities. We're working with council and culture staff to meet the varying needs of the different organisations. Having supported them with online sessions during the pandemic we're supporting staff at One Housing in London to develop user-led groups at some of their assisted living venues providing weekly,

Report of trustees' (continued)

Arts in Care, County Durham

'Arts in Care' provided 20 care homes with access to online music through Singing Hinnies and/or The Care Home Choir. Additionally, we provided face to face garden gigs with further options of horticulture, sculpture, dance & movement and dementia-friendly colouring books for residents with limited mobility. Despite the covid related challenges we've built a number of relationships which are now looking to the longer term and thinking about involving their residents in year long projects and staff in training and mentoring.



Training

Over 2021/22 we delivered a series half days online Dementia and Imagination training sessions with groups of artists, cultural venue staff and health and social care staff.

This included working with Luminate and their Arts in Care 'artist' training programme, Memory Assessment Management Clinic staff, and 'We Make Culture' artists in partnership with Sunderland Social Prescribing Partnership.

We have delivered in-person training to Gateshead Council, their artists, library and arts development team staff. In total reaching and training over 120 people.

During the Spring and Summer of 2022 we delivered our Arts in Care Newcastle training funded through the Community Foundation, working with lead facilitator, David Naphthine and with contributions from over 10 different speakers from arts, health and social care fields. We

provided rich and stimulating training for 12 people living or working in Newcastle. Over half of these participants have gone onto further training, volunteering and leading creative workshops with us.

Interaction, Dementia and Engagement in Arts for Lifelong Learning (IDEAL) - despite the restrictions of the pandemic we've been able to continue our research project with Newcastle University throughout 2021, exploring the role communication can play for people living with dementia.

Menopause and Me project with Newcastle University, artists Clare Armstrong and Ceinwen Haydon and women from Newcastle and Uganda. A film of their work and conversations is being created by artist Sheryl Jenkins for release in May 2022.



Summary of future plans

Training - As part of our strategic plans to challenge stereotypes around ageing we're planning to increase our training programmes to showcase the Imagination Model approach and demonstrating the value of creativity. It is surprising to see the continuing dominance of memory-based activity is as well as how entrenched medicalised interventions and language is amidst the growth social prescribing. We also see this as an area of growth for the organisation and an opportunity to increase our sustainability and income diversification.

Broadening cultural partnerships - We want to continue building and exploring our relationships and partnerships with cultural venues, both here in the North East and further afield, to reach new audiences while drawing on the existing collections and exhibits housed within communities. We'd like to explore the collections within Newcastle City Library and Great North Museum in Newcastle, develop relationships with National Trust's Cherryburn, The Word in South Shields and the Wordsworth Trust in Cumbria amongst others. Whilst increasing the access to collections for older people we also offer support to culture sector staff in relation to being age and dementia-friendly.

User Voice and user-led sustainable programming - We're continuing our work to support older people to have their voice heard through helping older people to establish their own user-led groups with governance and banking facility. This process gives older people the opportunity to make decisions in relation to deciding which creative activities they want to engage in whilst also having responsibility and understanding of the related income and expenditure. Groups maybe independent living older people, carers, those living in supported or with care as well as having health needs.

Cross generational activities – The Queen's jubilee will be a fantastic opportunity to strengthen relationships between older people and children and young people's groups. Building on our established cross generational projects with schools across the North East as well as in Yorkshire, Sussex and Middlesex we're planning some fantastic celebrations for the

Report of trustees' (continued)

Financial Review -

Financial review Income of £343,245 (2020 - £423,313) has been generated during the year, £84,086 (2020 - £320,969) relates to restricted funds. An operating surplus of £80,783 (2020 - £34,395 deficit) is shown on the Statement of Financial Activities. Within the overall result was a deficit on restricted funds of £29,540 (2020 - surplus of £47,899).

Reserves Policy and Risk Management - reserves statement

The trustees monitor the progress of the organisation when they meet at their Management Committee Meetings five times a year. The Charity's funding schedule is reviewed and forecast funding compared to actual. This allows the trustees to keep track of projected funding each quarter and to foresee any shortfalls. The trustees are aware of the risk that obtaining core funding, although usually successful, may not be achieved at the beginning of each financial year.

To safeguard against this, the trustees aim to have six months' worth of running costs built up in a Redundancy and Wind-Up reserve (within Designated Funds) to sustain stability.

At 1st April 2022 Unrestricted Reserves were £87,781. The trustees have decided to designate part of Unrestricted Reserves to a Development Fund, further details can be found in Note 17 .

Risks

Area	Risk	Potential impact	Mitigating steps	Impact	Likelihood	After action
External factors: Low level continuance of Covid 19	Continued disruptions to services due to covid conditions and impact upon staffing levels	Continued covid cases amongst staff and residents resulting in cancellations leading to irregular delivery	Offer a responsive service when required Increase services which are less affected	Med	Med	Med
External Factors: Cost of Living Crisis and economic impact of global and political circumstances	Continued upwards pressure on costs Changing funding priorities	Increased costs amidst reduced available funding poses significant challenge	Deliver creative services which address cost of living crisis Rationalise expenditure where possible	High	High	Med
Strategic Plan	Implementing 5 Year Plan could restrict response to circumstances and opportunities	Unable to deliver business plan priorities	Business Plan requires review and support to implement timely and robust changes	Med	Low	Low
Policies & Procedures	All policies and procedures updated	Clear Policies and Procedures with staff Handbook and appropriate staff capacity	Annual Reviews	Med	Low	Low
Finance	Grant dependence and reduced earned income	Continued focus on Fundraising alongside diversifying income	Progress with testing a Charitable Trading Company	High	Med	Med

Reference and Administrative Details

Registered Charity Number	517352
Company Number	01992359 (England and Wales)
Registered Office	Level 3, Newcastle City Library, 33 New Bridge Street West, Newcastle Upon Tyne, United Kingdom, NE1 8AX.

Our advisors

Examiners	Haines Watts, 17 Queens Lane, Newcastle Upon Tyne, NE1 1RN
Bankers	Barclay Bank Plc, 215 High Street, Gateshead, Tyne & Wear, NE8 1BX
Legal advisors	Patterson Wolf & Co

Trustees – The trustees who served the charity during the period were as follows;

Anne Walton	(Chair)
Patricia McDermott	(Vice Chair)
Irena Peel	(Treasurer, retired 07 06 2022)
John Beeley	
Syeda Begum	(retired 23/11 2021)
Harriet Bendelow	(appointed 23/11/2021)
John Connelly	
Karen Franks	

As always a huge thank you goes to the hard work, dedication and passion to the staff members, freelance contractors, volunteers, care staff and funders who've continued to support and inspire Equal Arts with their ideas, enthusiasm and energy during the past year as we all navigate our way out of the pandemic.

Staff members

Douglas Hunter Chief Executive
Kate Parkin Creative Age Programme Manager
Kerry Wood Operations and Communications Manager





THE
HEADLEY
TRUST



South Tyneside



The D'Oyly Carte Charitable Trust



Art Fund_



NATIONAL
LOTTERY FUNDED

UF | THE UTLEY
FOUNDATION



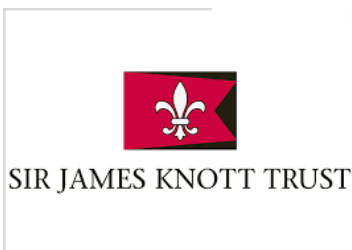
Newcastle
University



THE
SHIPLEY
ART GALLERY



Newcastle Gateshead
Clinical Commissioning Group



The February Foundation

seven stories
National Centre for Children's Books



Community
Foundation

LNER
LONDON NORTH EASTERN RAILWAY



Report of trustees' (continued)

Structure, Governance and Management

Governing document

Northern Shape t/a Equal Arts is a company limited by guarantee and a registered charity currently with a Board of 9 Trustees. Under the memorandum and articles of association with which the organisation is governed, the charity has the power to make any investment that the trustees see fit.

Appointment of trustees

New trustees are appointed by serving trustees. The trustees meet at least five times each year and the CEO with the Treasurer handle the day-to-day finances of the charity. The trustees who served during the year are set out on page 2. A third of the longest standing committee members need to stand down at the Annual General Meeting but can be re-elected by the existing trustees. All Company Members and Management Committee Members are circulated with papers prior to the AGM advising them of the retiring trustees. Trustees are encouraged to attend appropriate external training courses whenever they are arranged.

Induction and training of trustees

The trustees are encouraged to attend external training and are notified of relevant training by the charity.

Organisational structure

The organisation has a board of trustees comprising 8 members. A Chief Executive manages the day-to-day operations of the charity and line manages staff – the Creative Age Programme Manager and freelance staff.

Pay policy for senior staff

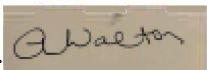
The pay of senior staff is reviewed by the board annually.

Relationships with related parties

None of the trustees receive remuneration or other benefit from their work with the charity.

This report has been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees onNovember 29.... 2022 and signed on its behalf by:

..........

Mrs Anne Walton (Chair)

**Independent Examiner's Report to the Trustees of Northern Shape
For the Year Ended 31 March 2022**

I report on the accounts of the company for the year ended 31 March 2022 which are set out on pages 19 to 32.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

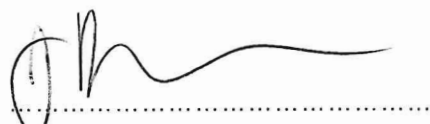
Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Donna Bulmer BA (Hons) ACA
For and on behalf of Haines Watts

13 December 2022

Date

17 Queens Lane
Newcastle upon Tyne
NE1 1RN

Northern Shape T/A Equal Arts

Statement of Financial Activities (Including Income and Expenditure Account)
For the year ended 31 March 2022

		Unrestricted funds	Designated funds	Restricted funds	Total 2022	As restated Total 2021
	Notes	£	£	£	£	£
Income from:						
Donations and legacies	4	156,482	-	73,427	229,909	324,115
Charitable activities	5	132,488	-	11,284	143,772	51,819
Investment income	6	99	-	-	99	1,111
		<u>289,069</u>	<u>-</u>	<u>84,711</u>	<u>373,780</u>	<u>377,045</u>
Expenditure on:						
Raising funds	7	-	-	-	-	1,811
Charitable activities	8	237,520	-	75,842	313,362	260,651
		<u>237,520</u>	<u>-</u>	<u>75,842</u>	<u>313,362</u>	<u>262,462</u>
Net income/(expenditure)		51,549	-	8,869	60,418	114,583
Transfers between funds	16	(50,000)	50,000	-	-	-
Net movement in funds		<u>1,549</u>	<u>50,000</u>	<u>8,869</u>	<u>60,418</u>	<u>114,583</u>
Reconciliation of funds						
Total funds brought forward		87,781	177,575	117,794	383,150	268,567
Total funds carried forward		<u>89,330</u>	<u>227,575</u>	<u>126,663</u>	<u>443,568</u>	<u>383,150</u>

All income and expenditure has arisen from continuing activities.

Northern Shape T/A Equal Arts

Balance Sheet

As at 31 March 2022

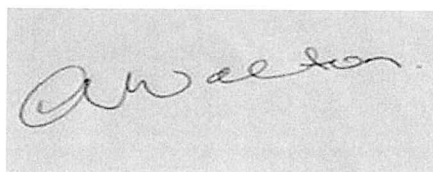
		2022		As restated 2021	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		816		1,390
Current assets					
Debtors	14	56,428		55,944	
Cash at bank and in hand		391,309		355,089	
		<u>447,737</u>		<u>411,033</u>	
Creditors: amounts falling due within one year	15	(4,985)		(29,273)	
Net current assets			442,752		481,760
Total assets less current liabilities			<u>443,568</u>		<u>383,150</u>
Funds					
Unrestricted fund				89,330	87,781
Designated funds				227,575	177,575
Restricted funds				126,663	117,794
	17			<u>443,568</u>	<u>383,150</u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

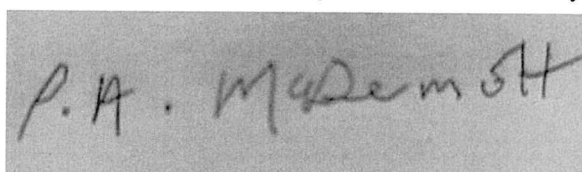
Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

The financial statements were approved by the trustees on 29.11.2022 and signed on their behalf by:



Mrs A Walton – (Chair) – Trustee



Ms P A McDermott – (Vice Chair) - Trustee

Company Registration No: 01992359

The notes below part of these financial statements

Northern Shape T/A Equal Arts

Cash Flow Statement

For the year ended 31 March 2022

		2022	2021
	Notes	£	£
Cash flows from operating activities			
Cash generated from operations	19	36,121	55,686
Net cash provided by (used in) operating activities		<u>36,121</u>	<u>55,686</u>
Cash flows from investing activities			
Interest received		99	1,111
Payment to acquire tangible assets		-	-
Net cash provided by (used in) investing activities		<u>99</u>	<u>1,111</u>
Change in cash and cash equivalents in the reporting period		<u>36,220</u>	<u>56,797</u>
Cash and cash equivalents at the beginning of the reporting period		355,089	298,292
Cash and cash equivalents at the end of the reporting period		<u>391,309</u>	<u>355,089</u>

**Notes to the financial statements
for the year ended 31 March 2022**

1. Accounting Policies

1.1 Basis of preparing the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention or transaction value unless otherwise stated in the relevant accounting policy note(s). The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

1.2 Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the levels of funds held and the level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

1.3 Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.4 Income

All income is recognised in the Statement of Financial Activities (SoFA) when the charity has entitlement to the funds, any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions and is recognised as earned. Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with reasonable certainty. Income received to deliver services over a specific period covering more than one financial year is accounted for over the specific period; related expenditure is accounted when incurred.

Investment income relates to interest earned through holding assets on deposit.

Notes to the financial statements (Continued)
for the year ended 31 March 2022

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	Straight line over 6 years
Computer equipment	-	Straight line over 3 years

1.7 Debtors

Debtors (including trade debtors and loan receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.8 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with instant access from the date of opening of the deposit or similar account.

1.9 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement after allowing for any trade discounts due.

1.10 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.11 Taxation

The charity is exempt from corporation tax on its charitable activities.

2. Legal status

Northern Shape is a Company Limited by Guarantee in the United Kingdom. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charitable company. The address of the registered office is given in the charity information in the reference and administration pages of these financial statements.

Notes to the financial statements (Continued)
for the year ended 31 March 2022

3. Comparatives for the Statement of Financial Activities as restated

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Income from:					
Donations and legacies	4	153,356	54,873	115,886	324,115
Charitable activities	5	46,915	2,904	2,000	51,819
Investment income	6	1,111	-	-	1,762
		<u>201,382</u>	<u>57,777</u>	<u>117,886</u>	<u>377,045</u>
Expenditure on:					
Raising funds	7	1,811	-	-	1,811
Charitable activities	8	122,170	2,920	135,561	260,651
		<u>123,981</u>	<u>2,920</u>	<u>135,561</u>	<u>262,462</u>
Net income/(expenditure)		77,401	54,857	(17,675)	114,583
Transfers between funds	16	(49,634)	27,699	21,935	-
Net movement in funds		<u>27,767</u>	<u>82,556</u>	<u>4,260</u>	<u>114,583</u>
Reconciliation of funds					
Total funds brought forward		60,014	95,019	113,534	268,567
Total funds carried forward		<u>87,781</u>	<u>177,575</u>	<u>117,794</u>	<u>383,150</u>

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

4. Donations and legacies

	2022	2021
		As
	£	restated
	£	£
Grants receivable	228,992	301,669
Donations	917	22,446
	<u>229,909</u>	<u>324,115</u>

Grants receivable analysis:

	2022
	£
Community Foundation – Tyne and Wear & Northumberland	3,000
Arts Council England Fund	85,000
National Heritage Lottery Fund	50,500
LNER Ltd 2015	7,427
The February Foundation	5,000
Versus Arthritis	5,000
The D'Oyly Carte	4,000
Sir James Knott Trust	5,000
Newcastle City Council	22,481
The Utley Family	15,000
Headley Trust	20,000
Northumbria Police	4,280
Other	2,304
	<u>228,992</u>

5. Income from charitable activities

	2022	2021
	£	£
Earned income	143,772	51,819

6. Investment income

	2021	2020
	£	£
Bank interest receivable	99	1,111

7. Raising funds

	2022	2021
	£	£
Wages and salaries	-	-
Individual Giving fundraising officer	-	-
Fundraising costs	-	1,811
	<u>-</u>	<u>1,811</u>

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

8. Charitable activities costs

	Total 2022 £	Total 2021 £
Wages and salaries	96,461	80,971
Staff travel and training	1,612	-
Direct project costs	138,308	107,482
Office costs	20,169	20,917
Comms	34,496	36,203
Professional fees	2,052	4,705
Other costs	19,690	10,373
Depreciation	574	-
	<u>313,362</u>	<u>260,651</u>

9. Support costs

	2022 £	2021 £
Wages and salaries	16,693	15,999
Governance costs (note 10)	2,160	2,160
	<u>18,853</u>	<u>18,159</u>

10. Governance costs

	2022 £	2021 £
Independent examiners' fee	2,160	2,160
	<u>2,160</u>	<u>2,160</u>

11. Net incoming /(expenditure)

Net income/(expenditure) is stated after charging/(crediting)

	2022 £	2021 £
Independent examiners' fee	2,160	2,160
Depreciation – owned assets	574	682
	<u>2,734</u>	<u>2,842</u>

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

12. Staff costs

	2022	2021
	£	£
Wages and salaries	96,275	72,200
Social security costs	9,819	7,539
Pension costs	8,322	5,232
	<u>114,416</u>	<u>84,971</u>

The average monthly number of employees during the year was as follows:

2022	2021
3	2
<u>3</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

The charity trustees were neither paid nor received any other benefits from employment in the year (2021 - £nil) neither were they reimbursed expenses during the year (2021 - nil). No charity trustee received payment for professional services or other services supplied to the charity (2021 - nil).

The key management personnel of the charity comprise the trustees and one Director. The total amount of employee emoluments received by key management personnel of the charity is £nil (2021 - £44,980).

Notes to the financial statements (Continued)
for the year ended 31 March 2022

13. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost			
At 1 April 2021	2,935	3,824	6,759
Additions	-	-	-
Disposals	-	-	-
At 31 March 2022	2,935	3,824	6,759
Depreciation			
At 1 April 2021	1,863	3,506	5,369
Charge for year	282	292	574
Disposals	-	-	-
At 31 March 2022	2,145	3,798	5,943
Net book value			
At 31 March 2021	1,072	318	1,390
At 31 March 2022	790	26	816

14. Debtors: amounts falling due within one year

	2022 £	2021 £
Trade debtors	29,946	20,581
Other debtors	982	1,563
Accrued Income	25,500	-
	56,428	22,144

15. Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	-
Social security and other taxes	2,639	16,594
Accruals	2,160	12,678
Other Creditors	186	-
	4,985	29,272

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

16. Prior Period adjustment

A prior period adjustment has been made in respect of;
(1) Recognition of grant income in line with the SORP.

Change to the balance sheet

	As previously reported £	Adjustment £	As restated at 31 March 2021 £
Current assets			
Accrued income	-	33,800	33,800
	<hr/>	<hr/>	<hr/>
Funds			
Restricted funds	83,994	33,800	117,794
	<hr/>	<hr/>	<hr/>
	83,994	33,800	117,794
	<hr/>	<hr/>	<hr/>

Change to the statement of financial activities

	As previously reported £	Adjustment £	As restated at 31 March 2020 £
Income	343,245	33,800	377,045
	<hr/>	<hr/>	<hr/>
Surplus for the year	80,783	33,800	114,583
	<hr/>	<hr/>	<hr/>

Notes to the financial statements (Continued)
for the year ended 31 March 2022

17. Analysis of funds

For the year ended 31 March 2022

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Unrestricted funds					
General fund	87,781	289,069	(237,520)	(50,000)	89,330
Designated funds					
Redundancy & Wind-Up reserve	75,000	-	-	27,075	102,075
Development fund	-	-	-	125,500	125,500
Creative Ageing Programme	102,575	-	-	(102,575)	-
	<u>177,575</u>	<u>-</u>	<u>-</u>	<u>50,000</u>	<u>227,575</u>
Total unrestricted funds	<u>265,356</u>	<u>289,069</u>	<u>(237,520)</u>	<u>-</u>	<u>316,905</u>
Restricted funds					
HenPower	57,226	18,711	(23,001)	-	52,936
Masonic Charitable Foundation	24,000	-	(24,000)	-	-
NLHF	11,625	-	(3,898)	-	7,727
IWill – Virgin	24,943	-	(24,943)	-	-
UnLtd	-	40,500	-	-	40,500
Arts Council Grant	-	25,500	-	-	25,500
	<u>117,794</u>	<u>84,711</u>	<u>(75,842)</u>	<u>-</u>	<u>126,663</u>
Total restricted funds	<u>117,794</u>	<u>84,711</u>	<u>(75,842)</u>	<u>-</u>	<u>126,663</u>
Total funds	<u>383,150</u>	<u>373,780</u>	<u>(313,362)</u>	<u>-</u>	<u>443,568</u>

Designated funds

Redundancy and Wind-Up reserve – the fund has been set up to cover contractual redundancy costs and estimated 6 months operational costs the charity would have to meet should it be required to wind up, this calculation is reviewed annually.

Development reserve – fund relates to project works with older people, volunteers and care staff.

Restricted funds

HenPower - This projects works with older people, volunteers and care staff, equipping them with the skills and knowledge to become hen keepers in residential care settings. Alongside the hens, artists deliver creative programmes and involve school children, the community and volunteers.

Masonic Charitable Foundation - Deliver creative and meaningful activities with 8 older people's groups in care settings

Arts Council England - Contribute to the sustainability and growth of Equal Arts as a leading creative age organisation delivering high quality creative experiences with independent living older people and those living with care.

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

17. Analysis of funds *(Continued)*

IWill – This project works with Green Feet Friends to support young people in planting an outdoor space

HLF – This project focuses on LGBT Activism in the North East to support in capturing oral histories and working with young people to produce a touring exhibition to be displayed across the North East.

UnLtd - Support setting up and sustainability for 10 older people's User-led groups engaged in creative programmes.

For the year ended 31 March 2021

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	As restated At 31 March 2021 £
Unrestricted funds					
General fund	60,014	201,382	(123,981)	(49,634)	87,781
Designated funds					
Redundancy reserve	55,400	-	-	19,600	75,000
Creative Ageing Programme	39,619	57,777	(2,920)	8,099	102,575
	<u>95,019</u>	<u>57,777</u>	<u>(2,920)</u>	<u>27,699</u>	<u>177,575</u>
Total unrestricted funds	<u>155,033</u>	<u>259,159</u>	<u>(126,901)</u>	<u>(21,935)</u>	<u>265,356</u>
Restricted funds					
HenPower	68,864	40,000	(27,635)	-	57,226
Masonic Charitable Foundation	-	24,000	-	-	24,000
NLHF	27,825	-	(16,000)	-	11,625
IWill – Virgin	16,848	14,800	(6,705)	-	24,943
Covid funding	-	63,086	(85,021)	21,935	-
Total restricted funds	<u>113,534</u>	<u>117,886</u>	<u>(135,561)</u>	<u>21,935</u>	<u>117,794</u>
Total funds	<u>268,567</u>	<u>377,045</u>	<u>(262,462)</u>	<u>-</u>	<u>383,150</u>

Notes to the financial statements *(Continued)*
for the year ended 31 March 2022

18. Pension costs

Pension contributions payable for the year ended 31 March 2022 £8,322 (2021 - £5,232).

19. Related party disclosures

There were no related party transactions for the year ended 31 March 2022 (2021 – None).

20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2022	2021
	£	£
Net income/(expenditure) for the reporting period	60,418	(34,394)
Adjustments for:		
Depreciation charges	574	642
Interest received	(99)	(1,762)
(Increase) in debtors	(484)	19,337
Increase/(decrease) in creditors	(24,288)	(6,446)
Net cash provided by (used in) operating activities	36,121	(22,623)